 **Resume** application for spa therapist

**Miss Vanittada Narmphao**

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**Personal Data**

Sex female

Date of birth November 20, 1979 , Chiangrai Province , Thailand

Marital status single

Nationality Thai

Religion Buddhist

Height 155 cms.

Weight 48.5 kgs.

Passport no. O505561

**Education**  Degree : Bachelor’s degree of Art, major Community Development from Chiangrai

Rajabhat University, February 2003, Chiangrai Province, Thailand

**Working Experience**

Jan 2016 – 23Jan 2017- working at Ce Shine Spa , Huapont hotel and resort, Fairy

moutain, Chongqing , China

June 2015 - 25 Nov. 2015 - Work at Thai Spa (Luxury Spa), Vladivostok Russia.

(position: spa therapist)

June 2014 - 30 Mar. 2015 - Worked at Zvezdakino Yoga and Spa Ltd., Tomsk, Russia.

(position: spa therapist)

Mar. 2013 - 28 Mar. 2014 - Work at Lotus Thai Spa , Naro-Fominsk , Moscow, Russia

(position: spa therapist)

Mar.2012 – 16 Dec. 2012 - Worked at White Orchid Spa ,Yubileinaya Hotel, 10 Altayskiy Str.

Yuzhno-Sakhalinsk, Russia

(position: spa therapist)

Oct. 2010 – 31 Aug. 2011 - Worked at The Oberoi hotel and resort,Trident hotel

(five star hotel in India), Gurgaon, Delhe, India

(position: spa therapist)

Sep. 2009 – Mar. 2010 - Worked at Axioma –Thai Ltd. Devarana spa , 9/12 tenistaya str. Odessa

Ukraine 65000

(position: spa therapist)

Apr. 2008 – Mar. 2009 - Worked at Axioma –Thai Ltd. Devarana spa , 9/12 tenistaya str. Odessa

Ukraine 65000

(position: spa therapist)

Feb. 2008 – Mar. 2008 - Worked at True spa at Zen, Central World

(position: spa therapist)

Mar. 2006 – Nov. 2007 - Worked at Thai Privilege spa, the office at Central World , Bangkok Thailand

(position: spa therapist)

**Training**

Dec. 2015 - Traditional Thai massage 372 hours from The Union Of Traditional Medicine

Society , Thailand

Mar. 2011 - Ayurvedic spa treatments Sundary product

The Oberoi Gurgaon , India

10 Dec. 2010 – 14 Jan. 2011 - Training the Oberoi standard spa treatment and product,

Omorovicza facial and body treatment , Lembency Academy Noilda ,India

22 Aug. 2007 - Knowledge and skill of level 1(basic standard of Thai traditional massage)

from Department of Skill Development, Thailand

Mar. 2006 - Traditional Thai massage (Nuad Thai 150 hours)

from Thai traditional Medical Service Society, Thailand

**Skill**

**Massage**

-Traditional Thai massage

- Foot reflexology

- Foot massage

- Aroma massage

- Thai herbal

- Balinese massage( Thai with oil)

- Facial

- Face and head

- Hot stone therapy

- Hot lava shell

- Slimming

- Body scrub

- Body wrap

- Indian Traditional Ayurvedic

- Pregnant therapy

- Deep tissue

- Swedish

**Computer** : Ms. word, Internet, Photo Scape

**Typing** : Thai 30 words per 1 minute, English 30 word per 1 minute

**Knowledge Language**

**Thai** : very good (listening/ speaking/ reading/ writing)

**English** : good (listening/ speaking/ reading/ writing)

**Russia** : basic (a litle speaking)

**Chinese** : basic (a little speaking)